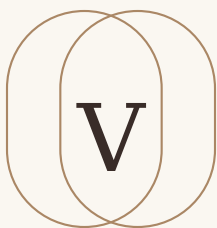


V O W M E R E  
THE WEDDING PLANNING STUDIO



# The Calm Wedding Companion

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Clear decisions. Thoughtful details.  
More room to enjoy your day.

A PRACTICAL GUIDE FOR YOUR ENGAGED CHAPTER

# A little less to carry

You do not need to become a wedding expert overnight. You need a way to decide what matters, keep track of commitments and ask for help clearly.

This companion turns big questions into small actions. Read the page that matches your next decision; you do not have to finish the book before starting.

Use your planner for decisions and your workbook for changing numbers. Keep quotes, contracts and receipts in one separate folder.

**Your first step:** write down the next decision you need to make. Give it an owner and a realistic date.

# Choose your three priorities

Each partner names three things they want to remember about the day.

Compare your answers before looking at another moodboard.

Turn feelings into choices: “Everyone feels welcome” could mean a comfortable venue, thoughtful food and clear travel information. “Time together” could mean fewer separate activities.

Now name two things you are happy to keep simple. This gives you a way to choose when ideas compete for the same money or time.

**Write this:** “We are planning a day that feels \_\_\_, \_\_\_ and \_\_\_. We can keep \_\_\_ simple.”

**Planner pairing:** Our wedding priorities.

# A budget example that adds up

**Illustration only, in one chosen currency:** you have 15,000 available. Current expected costs total 11,200 and your unallocated reserve is 1,500. You have 2,300 headroom.

If a necessary extra costs 300 and comes from the reserve, expected costs become 11,500 and the reserve becomes 1,200. Headroom stays 2,300. Do not count that 300 twice.

“Paid” is different from “total cost.” A 500 deposit on a 2,000 booking leaves 1,500 to pay; it does not make the booking cost 2,500.

**Workbook pairing:** Budget and Payments. Read the quick start before entering your own figures.

# A meeting with an ending

Pick a regular, manageable time to plan together. A short meeting can be enough; use a length that fits your lives.

**1. Review:** what changed in spending, replies or deadlines?

**2. Decide:** which one or two choices need attention now?

**3. Assign:** one owner, next action and due date for each task.

**4. Stop:** write down unfinished questions and agree when to revisit them.

Agree some time when wedding planning is off the agenda. If a discussion gets heated, pause and arrange a time to return when you can both participate constructively.